



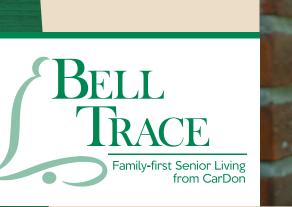


**Bell Trace Senior Living** 800 N. Bell Trace Circle Bloomington, IN 47408 (812) 332-2355

Bell Trace Health & Living Center 725 N. Bell Trace Circle Bloomington, IN 47408 (812) 323-2858

www.BellTrace.com

Putting family first in all that we do: Independent Living Assisted Living Rehabilitation Long-term Care



## A True Sense of Community

Situated on 15-acres in a beautiful park-like setting, Bell Trace offers the flexibility to design a retirement lifestyle that meets your needs now and in the future.

Our cottages and spacious apartments offer the privacy of independent living within a secure and vibrant community, while our assisted living apartments allow residents to enjoy living on their own with the comfort of having the support they may need close at hand.

For individuals recovering from surgery, illness or injury, our Health & Living Center features physical, occupational and speech therapy designed to help each patient restore function, build confidence and increase independence. And if long-term nursing care is needed, our team includes licensed nurses and certified nursing assistants who understand the healing potential of a kind word and sincere smile.









### Cottages & Independent Living Apartments

#### Cottage services and amenities include:

- Spacious 2 and 3-bedroom cottages with full kitchen, walk-in closets, attached garage and patio
- Washer and dryer included
- Bi-weekly housekeeping
- Lawn and home maintenance including snow removal
- Sewer and water
- Garbage removal

#### **Apartment Home services and amenities include:**

- Private apartment homes including full kitchen with stove, microwave and dishwasher
- Restaurant dining experience with extensive menu and daily specials
- All utilities except telephone and cable TV
- Free WiFi in every apartment
- Weekly housekeeping and flat linen service
- Washer and dryer in every apartment
- Secure individual storage unit for every apartment

Individualized support is offered to residents of the cottages, apartments and assisted living through on-site home health, physical therapy and personal care services.

## **Assisted Living**

#### Services and Amenities Include:

- Private apartment home
- Three delicious restaurant-style meals served daily from an extensive menu
- All utilities included except telephone
- Free WiFi in every apartment
- Weekly housekeeping and flat linen service
- Personal laundry included
- Licensed nurse on-site 24-hours a day
- Individualized care assessment and development of personalized plan of care

# All residents in cottages, apartments and assisted living enjoy:

- 24-hour emergency call service including pendants and 2-way voice communication
- Scheduled transportation for outings and medical appointments
- Social, cultural and educational programs and activities

## Short-term Rehabilitation & Skilled Nursing

Enabling residents to reach an optimal level of functioning is the goal of our short-term rehabilitation program.

#### Services include:

- Private suites with full bathroom and private shower
- Individualized care assessment and personalized care plan
- Physical, speech, occupational and respiratory therapies
- Three delicious meals daily, plus snacks
- Beauty salon and barbershop
- Large therapy gym with Home Transition area
- Daily planned activities and programs
- Outpatient therapy available upon discharge
- Transportation free of charge to and from the hospital and for doctor's appointments
- Medicare, Medicaid, and most insurances accepted

Transitional stay suites available – ask for details.

## Family-first Senior Living

Family-first is our philosophy at Bell Trace, an approach that goes back to 1977, when CarDon & Associates was first established. As a member of the CarDon family of senior living communities, which now extends throughout southcentral Indiana, Bell Trace encourages family members to become involved with each resident's personal care plan.

Throughout every level of care we offer, we ensure a better quality of life each day for our residents, by treating them as we would our own loved ones.



The CarDon family: Kathy, Stephen, Dan and David