

Bell Trace Newsletter

June 2018

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June Birthdays

Susan Stewart	1 st
Bert Brantley	2 nd
Bill Phillips	3 rd
Bob Klausmeier	6 th
Avis McDaniel	10 th
Jayne Hatton	11 th
Jean Overbay	11 th
Gingie Haley	14 th
Harry Patton	16 th
Jane Briley	20 th
Rose Mahern	22 nd
Johnnie Brantley	24 th
Ida Medlyn	27 th
Lillian Hitzeman	28 th
Bob McDaniel	28 th

Birthday Party



Join us in wishing those
with June birthdays a
Happy Birthday!

Friday, June 1, 2:00 p.m.
The Commons

ALL ARE WELCOME!

From the Desk of Joy Harter, Executive Director



Summary of the May Apartment and Cottage Chats

The following information was presented at the May Apartment and Cottage Chats:

•My Sister's Closet Lunch and Fashion Show on June 7: Bell Trace is proud to host a fundraiser lunch and fashion show for My Sister's Closet on Thursday, June 7. My Sister's Closet is a non-profit organization that helps women gain economic independence by helping with interviewing skills and by outfitting with professional business attire. All proceeds will go to the My Sister's Closet relocation fund, as the store is losing its current location due to the expansion of the Monroe County Convention Center. Tickets to this event are \$30 and can be purchased at the Bell Trace Front Desk or by going to the website and purchasing tickets online.

•Solicitation Policy: Joy reviewed the Bell Trace Non-Solicitation Policy. Solicitors are not allowed to knock on your apartment or cottage door and try to sell you something. We are very selective in who we allow to do presentations to residents of Bell Trace in a group setting, always specifying that presentations can be informational and educational but no items may be offered for sale. Joy made the distinction between the voluntary fundraisers for non-profit agencies that Bell Trace has hosted, different from solicitors who go door-to-door that is a prohibited activity at Bell Trace.

•Cell Phone Etiquette: A demonstration of poor cell phone etiquette was enacted by Melissa during the Apartment Chat. Thank you Melissa! The demonstration was a reminder of proper cell phone etiquette in Bell Trace group activities or in the Dining Room. Please remember to respect those around you and to turn your cell phone ringer to silent or vibrate when attending a group activity/performance or in the Bistro Dining Room. If you need to take an emergency call on your cell phone, please step outside the event you are attending or step into the main hallway when receiving a call while in the Bistro. Thank you for being a courteous cell phone user!

•Food Committee: The Bell Trace Food Committee met on May 15th. The committee wants to remind all residents to tell your Bistro server both your name and your apartment number when ordering. This will help new staff learn resident names. And did you know that all soups served at Bell Trace are homemade, low in sodium, and are gluten-free!



Resident Services

Lifespan Home Health at Bell Trace

Lifespan Home Health, LLC is an Indiana state-licensed home health agency providing nursing and attendant services to the Bell Trace community.

Lifespan nurses can assist with medication management and injections, assessment of vital signs, diabetic management, and other medical services.

Our Personal Attendants can assist with a variety of non-medical tasks, including:

- Assistance with bathing, dressing, hygiene, and grooming
- Escorts to and from meals and to and from activities/events
- Personalized transportation to appointments or on outings
- Running errands and personalized shopping
- Pet care and dog walking
- Move-in or move-out assistance

Do you want to know more about what Lifespan Home Health can do for you? Please contact Kellie Self, RN Administrator at 812-332-2355, ext. 220.



Pharmaceutical Round Up

A sheriff's deputy will collect your expired and unwanted prescription medication and sharps on a quarterly basis.

The next pick up is Wednesday, June 13 from 9:45—10:15 a.m. in the Front Lobby.

Massage [\$]

Massages are available on Tuesdays. Be sure to provide your phone number when you sign up so that Lisa Prickel, the massage therapist, can call you to schedule your appointment. The sign-up sheet is in front of the Activity Book in the Mail Room.

Wellness Checks

Blood Pressure Clinic

Tuesdays, 9:30—10:00 a.m.
2nd Floor Game Tables

Hearing Aid Checks & Cleaning

Wednesday, June 13, 3:30—4:30 p.m.

Exercise Classes

Advanced Exercise

Mondays, Wednesdays, and Fridays
10:00—10:45 a.m., The Commons

Intermediate Exercise

Mondays, Wednesdays, and Fridays
10:45—11:30 a.m., The Commons

Mindful Movement Meditation

Tuesdays and Thursdays, 10:15 a.m., Chapel

Chair Yoga

Saturdays, 11:00 a.m., The Commons

Chair Ballet

Saturdays, 1:30—2:30 p.m., The Commons

Resident Services

First Financial Banking Services

A representative from First Financial Bank will be available on Tuesdays from 1:30—3:00 p.m. in the Bistro Alcove to meet with customers, answer questions, and provide a notary service.

The courier service for their customers is on Tuesdays, Thursdays, and Fridays. A bank representative will pick up transactions from the locked bank box outside the 2nd Floor Lounge at 10:00 a.m. and will return with a receipt between 2:00 and 3:00 p.m. (Tuesdays and Thursdays only).

Bell Trace Beauty & Barber Shop

Located on the Lower Level, The Barber Shop / Beauty Salon is open Tuesday through Friday from 9:00 a.m.—3:00 p.m. Stop in or call for an appointment. Phone: 812-332-2355 ext. 218.

Monroe County Library

Bookmobile Visit

Wednesdays, 11:30 a.m.—12:00 p.m.
Front Portico

The Bookmobile collection includes best-sellers; compact discs; DVDs; magazines; and books-on-CD. Materials not available on the Bookmobile may be requested from the Main Library and then delivered to you the next visit. **For more information, call the Library at 812-349-3050 ext. 2059.**

Resident Data Forms ("Red-Dot Info")



You should have a copy of your Resident Data Form that lists your emergency contacts taped to the inside of your kitchen cabinet door that is marked with a red dot on the outside. If you do not have a red dot, please see Joy! If you need to update your information, please make the edits on your current form and take it to Kris at the Front Desk. A revised copy will be made and put in your box.

Chats

Monthly chats are an opportunity to share your ideas and concerns regarding Bell Trace experience. All are encouraged to attend!

Apartment Chat with Joy

Tuesday, June 19, 3:30 p.m., The Commons

Assisted Living Chat with Joy

Friday, June 22, 3:30 p.m., Sunroom

Cottage Chat with Joy

Tuesday, June 26, 10:00 a.m., The Commons

Dry Cleaning Service

Crosstown Cleaners will pick up your dry cleaning and deliver it back to your door on Monday, Tuesday, Thursday, and Friday.



A \$2.00 delivery charge will be added to your dry cleaning bill. Phone: 812-332-4300.

812 BBQ Food Truck is coming back to Bell Trace!

Sundays, June 10 and 24, the **812 BBQ** food truck will be parked on the Bell Trace campus from 4:30—6:30 p.m.



Since the Bistro will not be open for dinner that evening, we encourage you to try their barbecue fare. Please see the menu in the Mail Room. Cash, credit, and debit cards are accepted.

Resident Services

Resident Committee Meetings



Resident Council—All residents are welcome!

Tuesday, June 5, 1:30 p.m., **Chapel**

Library Committee

All residents are welcome and encouraged to help the committee.

Friday, June 15, 1:30 p.m., Library

Hospitality Committee

Can you remember what a big adjustment it was for you when you first moved to Bell Trace? We are looking for friendly residents who would like to welcome our newest residents and help make their transition a little easier.

Wednesday, June 20, 2:30 p.m.

Private Dining Room

Newcomers Meeting

This meeting is for all residents who have moved to Bell Trace within the past year. Headed up by Executive Director Joy Harter and Activities Coordinator Melissa Davis, this is an informal gathering where you can get answers to any questions that may have come up during your time here at Bell Trace. Each month it is a little different, so please come often!

Tuesday, June 26, 1:30 p.m., The Commons

Religious Services

Church Services

Sundays, 4:00 p.m., Chapel

Fellowship follows in the Private Dining Room

Catholic Rosary

Wednesdays, 4:00 p.m., Chapel

Catholic Service

Fridays, 11:00 a.m., Chapel

Fellowship follows in the Private Dining Room

Welcome New Residents!

Mary Samuelsen Apt. 271
Chuck Bonser Apt. 227

Give and Take Day

Tuesday, June 5, 9:00 a.m.—3:00 p.m.

Community Room

If you have items that you no longer need and want to get rid of, bring them down to Give and Take Day. Pick up any items brought by another resident that looks interesting to you. You do not have to give to take. Whatever is left at the end of the day will be taken to Goodwill, the Salvation Army, or Opportunity House. Coats, hats, and other winter attire will be taken to the homeless shelter.

Please only bring your items to the Community Room the morning of Give and Take Day (not before), and please do not bring undergarments or medication to Give and Take Day.

Support Group

Parkinson's Support Group

Friday, June 15, 1:30 p.m., **The Commons**

*Please note the new location

It's HOT!!

Please help out your housekeepers by lowering your thermostat to 74° F or below on your scheduled cleaning day.

Cleaning is hard work!



Life Enrichment

Discussions



Walk and Talk

An hour dedicated to story telling. This is a great way to get to know your peers. If the weather is nice, we will walk outside. All are welcome!

Tuesdays, 11:00 a.m.—12:00 p.m., Sunroom

Coffee and Conversation

Monday—Saturday, 8:00 a.m.—7:00 p.m. and
Sundays 11:00 a.m.—7:00 p.m., Bistro Alcove

Current Events

Thursdays, 11:00 a.m.—12:00 p.m., Sunroom

Bible Study

Saturdays, 10:00 a.m., 3rd Floor Lounge

Conversations on Life (Men's Group)

This men's discussion group is sponsored by St. Mark's United Methodist Church, but is open to all male residents.

Fridays, 12:30—1:30 p.m., Chapel

Christian Discussion Group

Listen to a sermon by Tom Ellsworth from Sherwood Oaks Christian Church on CD, followed by a discussion. Hosted by Phyllis Mangun. All are welcome!

Mondays, June 4 and 18, 2:30 p.m., 3rd Fl. Lounge

Deep Listening

Mondays, June 4 and 18, 7:00 p.m., Sunroom

Lunch with Rabbi Besser [\$]

Tuesday, June 12, 11:30 a.m., Bistro

Book Discussion Group

Sunday, June 17, 2:00 p.m., Library

Games and Trivia

Trivia

Mondays, 1:00—1:30 p.m., Front Lobby
Thursdays, 1:00—1:45 p.m., Front Lobby

Have fun answering trivia questions or just stop by to hear some interesting and fun facts!

Bingo [\$]

Each game is a nickel per card. There is a limit of three cards per game and the winner gets the pot!

Mondays, 3:00—4:15 p.m., Community Room

Dominoes

Mondays & Fridays, 2:00 p.m., Private Dining Room
The group plays Mexican Train Dominoes, a game that takes a combination of luck and skill.

Scrabble

Tuesdays and Saturdays, 2:00—3:00 p.m.
Sunroom

Be a Friend...Tell a Friend about Bell Trace! Referral Program

Wouldn't it be wonderful to share your Bell Trace experience with someone you know? If you refer a friend or family member, you will give them the opportunity to discover the rewarding lifestyle at Bell Trace Senior Living Community!

If you refer someone to Bell Trace and they sign an agreement, you will receive \$500!!

Please see Barbara Carroll for the referral form.

There is no limit to the number of referrals you may submit.

Cell Phone Etiquette Reminder

Please respect those around you and turn your cell phone ringer to either vibrate or silent when in the Bistro or at an activity or performance.



Creative Aging at Bell Trace

Arts Programming

Arts & Crafts

Mondays and Wednesdays, 1:30—3:00 p.m.
Arts Studio

In the studio this month we will be wrapping up our painting projects the first week of June and then move into working with clay with a focus on making vases with the attitude of “ish”. All are welcome!

Fiber Arts

Tuesdays, 2:00—4:00 p.m., 3rd Floor Lounge

Bloomington Peace Choir Practice

Wednesdays, 6:30—8:30 p.m., The Commons

Writing Group

Thursdays, 2:00—4:00 p.m., 3rd Floor Lounge

Ukulele Practice

Thursdays, 4:00—5:30 p.m., Sunroom
On June 28, we will be in the Front Lobby

Mindful Movement Meditation

Tuesdays and Thursdays 10:15 a.m., Chapel

Exercise your imagination, feed your spirit, and relax your body. This 45-minute session is an introduction to the mind, body, spirit connection. Designed for beginners, all are welcome. Rick Clayton will play harp music during our meditation on Thursday, June 28.

Chair Ballet

Saturdays, 1:30—2:30 p.m., The Commons

Join Sarah Wroth from the Ballet Department at Indiana University Jacob School of Music in an exercise class that mirrors a classical ballet workout.

Sing for Joy

Saturdays, June 9, 16, 23, 3:00—4:00 p.m.
The Commons

On Sunday, June 24 the group will perform at 2:00 p.m. in The Commons.

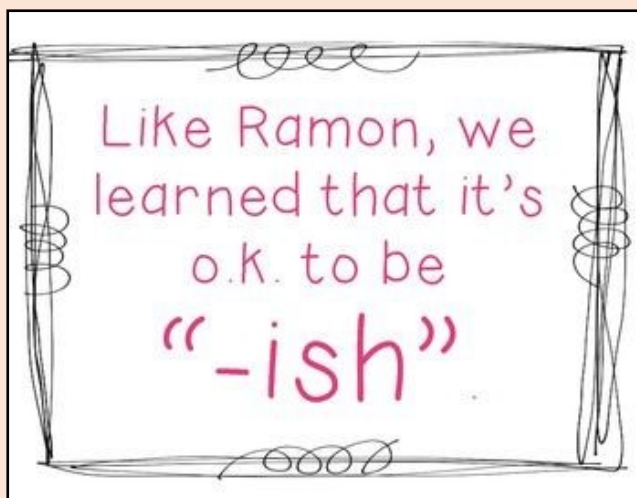
ALL ABOUT “ish”

Bell Trace residents have been asked to serve as art-making mentors this coming fall in Bloomington elementary schools.

The “ish” project, coordinated by Indiana University School Libraries, will use the picture book “ish” by Peter Reynolds to explore the idea of perfection. With an emphasis on meaningful play and not perfection. Mentors will assist the children in making ceramic vases, flower arrangements, and still-life paintings.

Bell Trace resident artists began preparing for their mentor roles this past month with their painting Van Gogh-ish projects. In June we will practice our ceramic skills. In July we will try our hand at flower arranging and still-life drawing & painting. A copy of Reynolds' book “ish” can be found in the art room for you to learn more about the “ish” attitude.

If you are interested in serving as an art mentor this fall please see Julie Hill. All mentors are required to have participated in at least one “ish” art making project.



Life Enrichment

On the Big Screen

Saturday Movie Matinee

"The War the Made America: The French and Indian War"

Saturdays, 1:00 p.m., Chapel



Saturday Night at the Movies

This month's movies all have a local connection. If there is a particular movie that you want to see, please let Melissa, Kurt, or Julie know.

"Greatest Showman"

Saturday, June 9, 7:00 p.m., The Commons

Inspired by the imagination of P. T. Barnum, The Greatest Showman is an original musical that celebrates the birth of show business & tells of a visionary who rose from nothing to create a spectacle that became a worldwide sensation.

"Designing Woman"

Saturday, June 16, 7:00 p.m., The Commons

Sports reporter Mike (Gregory Peck) and clothes designer Marilla (Lauren Bacall) meet and fall in love while on vacation. They marry on a whim, only to come to the shocking realization that they have very little in common. Mike is a blue-collar sports fanatic. Marilla is a high-society fashion diva. But when Mike writes a tell-all piece about a boxing promoter (Edward Platt) with mob ties, they have to overcome their differences to save both their relationship and Mike's life.

"9 to 5"

Saturday, June 23, 7:00 p.m., The Commons

Office satire about three female secretaries who decide to get revenge on their tyrannical, sexist boss by abducting him and running the business themselves. The trio, one of whom has been passed over for promotion because she is a woman, spend a night together having drug-induced fantasies of killing the slave-driving chauvinist. One of them panics the following day when she suspects she really has poisoned the tyrant.

"The American President"

Saturday, June 30, 7:00 p.m., The Commons

With the end of his first term in sight, widowed U.S. President Andrew Shepherd (Michael Douglas) knows that overwhelming public support will guarantee his re-election. But when he falls in love with lobbyist Sydney Ellen Wade (Annette Bening), Shepherd's supporters question the relationship, and his approval ratings drop. As a rival presidential candidate goes on the attack, Shepherd must choose between his political career and his love for Sydney.

Second Sunday Musical

"Funny Face"

Sunday, June 10, 7:00 p.m., The Commons

Dispatched on an assignment, New York City-based fashion photographer Dick Avery (Fred Astaire) is struck by the beauty of Jo Stockton (Audrey Hepburn), a shy bookstore employee he's photographed by accident, who he believes has the potential to become a successful model. He gets Jo to go with him to France, where he snaps more pictures of her against iconic Parisian backdrops. In the process, they fall for one another, only to find hurdles in their way.

FOCUS ON FITNESS:

A monthly column by Bell Trace Fitness Center Director, Alyssa Jackson.

This month we focus on a muscle you are probably aware of: The Bicep Muscle.

Name: Biceps Brachii



Function: The primary function of this muscle is to perform flexion of the elbow, or move your hand toward your shoulder (bending). The muscle also plays a minor role in the movement of your shoulder joint.

Why Strengthen It: We use this muscle every day! Anytime we lift a glass to take a drink, carry grocery bags, or wash our hair.

How to Strengthen It: Bicep Curls

Stand/sit tall, shoulders down and back, spine long and strong, abdominals engaged. Hold dumbbells in your hands so that your palms are facing forward. Keeping your elbows at your sides, slowly lift the weight toward your shoulders with control.

Slowly return to start. Repeat

****Not ready for dumbbells?** Practice the motion using no weight! You can also alternate hands! You don't have to move both dumbbells at once!

If you have any questions regarding this movement, stop in to see me at the Fitness Center!

Big news: I am hosting a contest! Want to win a Bell Trace Fitness Center T-shirt? Visit the Fitness Center and sign a waiver/release form to use the machines, and you will be entered to win! If you have already signed a waiver and turned it in, you will automatically be entered to win!

“Be Well at the Bell!”



Holidays and Celebrations

June Birthday Party

We always have cupcakes, ice cream, balloons, and a song! All are invited!

Friday, June 1, 2:00 p.m., The Commons

Father's Day

All men will receive a free piece of pie on Father's Day!

Sunday, June 17, 11:30 a.m.—1:30 p.m., Bistro

Summer Solstice Root Beer Floats!

To celebrate the first official day of summer and the longest day of the year, we will have root beer floats from 1:30—2:30 p.m. in the Sunroom. Grab a drink and head out to the patio to enjoy the nice weather, or sit in our beautiful Sunroom. Alcoholic and non-alcoholic root beer will be available.

Thursday, June 21, 1:30—2:30 p.m., Sunroom



Need a card for a special occasion?



Handmade cards from the arts group will be for sale in the Front Lobby.

\$1.00 each or 6 for \$5.00.

Life Enrichment

Lifelong Learning Classes

Bloomington Humanities

All classes meet in the Chapel from 7:00—9:00 p.m.

"The Campaigns of Napoleon"

This class continues from last month.
Tuesdays, May 8—June 26

"Hitchcock's Masterpieces"

This class continues from last month.
Wednesdays, May 30—July 25

"The Book of Genesis: Historical and Literary Study"

An historical-critical and literary study of the Book of Genesis, one of the greatest works of world literature. This is NOT a course teaching or advocating any religion or religious belief. We will consider questions of the authorship and editing of the book, its great themes, principal characters, literary style, and impact on world history.
Thursdays, June 7—July 12

Special Class by Resident Jack Moore

"A History of Christianity (with Much Left Out)"

This course continues from last month.
Mondays, May 7—June 4, 7:00—8:30 p.m., Chapel

Science with Melissa—"Modern Marvels"

Thursdays, 4:00 p.m., The Commons

"Poison"

During the Renaissance, known as the Golden Age of Poison, the deadly practice helped shape European history--most especially that of the Catholic Church. We continue our investigation into the gas attacks of WWI and up to the 21st century, when a new and serious threat of bioterrorism plagues the globe. Finally, we peer into the future with scientists experimenting with poisons and venoms from the plant and animal kingdoms that may play an important part in healing diseases such as arthritis and even cancer.

Thursday, June 14

"The Potato"

The versatile and nutritious potato; the potato's mysterious origins in South America's Andes; potato knishes in New York City; farming exotic potatoes in Maine; large-scale potato production in Iowa and Pennsylvania.

Thursday, June 21



Technology Support

Technology support for your hand-held devices (i.e. smart phone, tablet, Kindle, laptop, etc.) is now available!

Jenny Donegan, founder of Tech Heroes, is at Bell Trace every Tuesday from 4:00—6:00 p.m. in the 3rd Floor Lounge. If you are having an issue with your device, bring it and she will work with you to fix it. You may also visit Jenny if you'd like to learn how to use more features on your device.

Tuesdays, 4:00—6:00 p.m., 3rd Floor Lounge



Bell Trace Home and Patio Show

Show off your beautifully-decorated Bell Trace home and patio in this inaugural event! On Tuesday, July 10 from 1:00—2:30 p.m., Bell Trace residents will independently tour the apartments and patios of the participants.

If you would like your apartment to be listed in the tour, please sign up in the Transportation Book in the Mail Room no later than Thursday, July 5.



Out & About

Medical Transportation

Bell Trace offers transportation on Tuesdays and Thursdays for medical appointments that are scheduled between **8:00 a.m.** and **3:00 p.m.** Please sign up at the Front Desk **at least 24 hours** before your appointment. This allows our driver to make the schedule such that everyone gets to their appointment on time.

If you are in a wheelchair and need transportation to a medical appointment, you no longer have to use BT Access. A driver from the Bell Trace Health and Living Center can take you Monday through Friday. Please call Debbie Beasley at 812-323-2858. Debbie will have to **make the doctor's appointment for you** in order to schedule your transportation. Please see Melissa if you have any questions about this procedure.

Dining Out [\$]

A minimum of four residents is required for all dining out excursions. See menus in the Mail Room.

Lunch Excursions

The Canyon Inn at McCormick's Creek State Park
Wednesday, June 6, Depart at 10:45 a.m.

Zaharako's Ice Cream Parlor

Friday, June 8, Depart at 11:30 a.m.

Enjoy a late lunch and some ice cream, or just go for the ice cream and ambience!



Edwards Drive-In

Wednesday, June 13, Depart at 10:15 a.m.
Voted Indiana's best retro drive-in!

Artists Colony Inn (Brown County)

Wednesday, June 27, Depart at 11:00 a.m.

Men's Lunch Excursion

Cracker Barrel

Wednesday, June 20, Depart at 11:15 a.m.

Ladies' Breakfast Outing

Runcible Spoon

Friday, June 22, Depart at 8:30 a.m.

Dinner Excursion

Hilltop Family Style Restaurant

Thursday, June 14, Depart at 5:00 p.m.

Shopping/Banking Transportation

Your opportunity to go to the bank will be on Mondays at 9:00 a.m. Please sign up with your destination in the Mail Room. **Because space is limited on the bus, please limit your purchases to only two (2) bags.**

Banking

Mondays Depart at 9:00 a.m.

East Side Shopping

Mondays, Depart at 1:30 p.m.

1st and 3rd Mondays, Depart at 10:00 a.m.

Wednesdays, Depart at 2:00 p.m.

West Side Shopping

We are now offering transportation to the west side for shopping twice a month!

2nd and 4th Mondays, Depart at 10:00 a.m.

Bloomington Farmers' Market

Twice a month you will have the opportunity to visit the eclectic Bloomington Farmers' Market downtown at Showers Plaza. Peruse the fresh flowers and produce, visit the food trucks, listen to the live music, or just people watch!

Saturday, June 9 and 23, Depart at 10:00 a.m.

Garage Sales

One person's junk is another person's treasure!

Saturday, June 2, 16, and 30, Depart at 9:00 a.m.

*Please note that on June 2, you will also have the option to go to the **Bloomington Handmade Market** that begins at 10:00 a.m. on the north side of the square.

Out and About

On the Stage [\$]

Twilight Turnout: Exploring Ballet at The MAC
Saturday, June 2, Depart at 6:00 p.m. [Free]

Ain't Too Proud at the IU Auditorium
Wednesday, June 6, Depart at 7:30 p.m.

Fun Home at the Waldron Arts Center
Saturday, June 23, Depart at 1:30 p.m.

Summer Music Series [\$]

Verona Quartet with Chih-Yi Chen, Piano at Auer Hall [\$12]
Tuesday, June 26, Depart at 7:30 p.m.

Festival Players at Auer Hall [\$12]
Friday, June 29, Depart at 7:30 p.m.

Summer Philharmonic at The MAC [\$12]
Saturday, June 30, Depart at 7:30 p.m.

Free Musical Events

Olga Amelkina-Vera, Guitar Soloist & Conductor (Guitar Academy Closing Concert) at Auer Hall
Sunday, June 3, Depart at 7:30 p.m.

Sacred Music Intensive Course Opening Recital at Auer Hall
Monday, June 4, Depart at 7:30 p.m.

Mozart's Die Zauberflöte at First United Church
Friday, June 8, Depart at 6:30 p.m.

Sacred Music Intensive Course Closing Concert at Auer Hall
Friday, June 8, Depart at 7:30 p.m.

Summer Concert Band at Conrad Prebys Amph.
Wednesday, June 13, Depart at 6:30 p.m.

Summer Concert Band at The MAC
Wednesday, June 20, Depart at 6:30 p.m.

Summer Music Clinic Finale Concert at The MAC
Saturday, June 23, Depart at 12:30 p.m.

Christopher Harding, Piano at Auer Hall [\$18]
Thursday, June 28, Depart at 7:30 p.m.

Other Events

Indianapolis Indians vs. Scranton/WB Baseball Game [\$16]

Sunday, June 3, Depart at 11:15 a.m.

*Estimated return to Bell Trace is 6:30 p.m.

Pub Quizzes [\$3]

Players Pub: Tuesday, June 5, Depart at 5:15 p.m.

Danny Boy: Monday, June 18, Depart at 5:15 p.m.

Hunters Honey Farm Tour [\$11.75]

We will tour the barn and see the working bees in their beehives, watch them extract the honey, then roll our own beeswax candles and bottle our own honey!

Friday, June 15, Depart at 11:30 a.m.



Lawrence County Gem, Mineral, and Fossil Show at the Lawrence County Fairgrounds

If you love gemstones, geodes, and fossils, this is the place for you!

Friday, June 22, Depart at 1:00 p.m.

The Taste of Bloomington at Showers Plaza
[\$7 + food tickets]

Visit the booths of several different Bloomington-based restaurants and try things you haven't had there before. The food tickets are not included in the admission price.

Saturday, June 23, Depart at 3:00 p.m.

VIP Tour at the Indianapolis Motor Speedway [\$30]

This 90-minute narrated tour takes you from the track to the back lot, giving you unparalleled access to the historic Speedway facility. Take a lap on the massive oval track, stop at Pagoda Plaza, stand on the famous Yard of Bricks at the start/finish line, and cruise through Gasoline Alley. Includes a self-guided tour of the Museum's featured exhibits, the Tony Hulman Theatre, and permanent displays of winning Indy 500 cars and racing memorabilia.

We will stop at Shapiro's Deli for lunch before.

Friday, June 29, Depart at 10:15 a.m.

*Estimated return to Bell Trace is 4:30 p.m.



Special In-House Events

Musical Events

Cello/Piano Performance by Ethan Vogelsang
Sunday, June 3, 1:00 p.m., The Commons

Daniel Deckard '60s, '70s, and '80s Piano/Voice Performance (in the style of Elton John)

Daniel used to work as a server in our Assisted Living Café. He is looking forward to performing for you!

Monday, June 11, 7:00 p.m., The Commons

Mike Reardon Classical Guitar Performance

Tuesday, June 19, 7:00 p.m., The Commons

Sing for Joy Choir Concert

Sunday, June 24, 2:00 p.m., The Commons

Other Events

IU Eskanazi Museum of Art Presents "The Highlight Tour"

A presentation about the museum and the plans for the current renovation.

Tuesday, June 5, 2:00 p.m., The Commons

Annual EMV (Electric Motorized Vehicles) Refresher Course

This course is *required* for all EMV users. You must attend in order to keep your permit active.

Wednesday, June 20, 1:00—2:00 p.m.
The Commons

Luncheon—Fashion Show—Pop-Up Shop—Live Auction

A Fundraising Event to
Support the Relocation Fund



Join us for an afternoon of
Fashion, Food, and Fun

Thursday, June 7th

11:30—1:00 Lunch, Fashion Show, Auction

1:00—2:00 Pop-Up Boutique Shop

Limited Seating
Order Online today!
Tickets \$30 at the