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May Birthdays

Mike Hriso	1st
Pat Agnew	8th
Barb Snyder	11th
Ivonne Vanderbilt	12th
Linda Mobley	16th
Harriet Pfister	17th
Jack Moore	17th
Rita O'Shaughnessey	18th
Shirley Portteus	20th
Helene Jones	24th
Marge Eherenman	24th
Mildred Isom	25th
Richie Epps	29th

Birthday Party

Join us in wishing those
with May birthdays a
Happy Birthday!



HAPPY BIRTHDAY!

ALL ARE WELCOME!

Friday, May 3, 2:00 p.m.
The Commons

From the Desk of Jennifer Devitt, Executive Director



What a pleasing first few months it has been as your Executive Director. It has been a pleasure getting to know the residents, families, and our staff. If you haven't had the opportunity to meet with me and would like a chance, please let me know and I will help arrange a time to do that. One of my favorite quotes, and one that I live by—"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel." — Maya Angelou. THANK YOU ALL!!!! I have truly felt welcomed and am very happy to be a part of this wonderful campus.

Summary of the Chats from April

Emergency Call System: At the Cottage Chat, Jennifer reviewed what cottage residents need to know about the emergency call system. All residents were reminded that the pendants only work inside your home and within the main building. Pendants do not function outside. If you are having an emergency and are able to call 911, please do so and then press your emergency call pendant for our staff to respond.

Jennifer will be reaching out to the local emergency responders, such as the police department and fire department to increase the communication in an event of an emergency in the building.

Quotes to help get into spring spirit:

"The world's favorite season is the spring.
All things seem possible in May."
- Edwin Way Teale

"Sweet April showers do spring May flowers" -
Thomas Tusser

"Do something wonderful, people may imitate it." -
Albert Schweitzer



Resident Services

Lifespan Home Health at Bell Trace

Lifespan Home Health, LLC is an Indiana state-licensed home health agency providing nursing and attendant services to the Bell Trace community.

Lifespan nurses can assist with medication management and injections, assessment of vital signs, diabetic management, and other medical services.

Our Personal Attendants can assist with a variety of non-medical tasks, including:

- Assistance with bathing, dressing, hygiene, and grooming
- Escorts to and from meals and to and from activities/events
- Personalized transportation to appointments or on outings
- Running errands and personalized shopping
- Pet care and dog walking
- Move-in or move-out assistance

Do you want to know more about what Lifespan Home Health can do for you? Please contact Kellie Self, RN Administrator at 812-332-2355, ext. 220.



Wellness Checks

Blood Pressure Clinic

Tuesdays, 9:30—10:00 a.m.

2nd Floor Game Tables

Hearing Aid Checks and Cleaning

Wednesday, May 8, 3:30—4:30 p.m.

Give and Take Day

Tuesday, May 7, 9:00 a.m.—3:00 p.m.

Community Room

If you have items that you no longer need and want to get rid of, bring them down to Give and Take Day, or pick up any items brought by another resident that looks interesting to you. You do not have to give to take. Whatever is left at the end of the day will be taken to Goodwill, the Salvation Army, or Opportunity House. Coats, hats, and other winter attire will be taken to the homeless shelter.

Please only bring your items to the Community Room the morning of Give and Take Day (not before), and please do not bring undergarments or medication to Give and Take Day.

Holidays and Celebrations

May Birthday Party

Friday, May 3, 2:00 p.m.

The Commons



MINT JULEPS

in time for the
Kentucky Derby



2 T. simple syrup
fresh mint, muddled
2 oz. Bourbon
splash of water
Pour over glass filled with
crushed ice

Kentucky Derby Day Mint Juleps

Put on your best hat and head to the Bistro Alcove to have the traditional drink of the Derby, the mint julep.

Saturday, May 4, 2:30—4:00 p.m.
Bistro Alcove

Mother's Day Brunch

Sunday, May 12, 11:00 a.m.—1:30 p.m.

Resident Services

Resident Committee Meetings



Resident Council—All residents are welcome!

Tuesday, May 7, 1:30 p.m., The Commons

Library Committee

All residents are welcome and encouraged to help the committee decide on and shelve new acquisitions for the Bell Trace Library.

Friday, May 17, 1:30 p.m., Library

Hospitality Committee

We are looking for friendly residents who would like to welcome our newest residents and help make their transition a little easier.

Wednesday, May 22, 2:30 p.m.

Private Dining Room

Newcomers Meeting

This meeting is for all residents who have moved to Bell Trace within the past year and is a chance to get your questions answered and meet new people. Each month it is a little different, so please come often!

Tuesday, May 28, 1:30 p.m., The Commons

Religious Services

Church Services

Sundays, 4:00 p.m., Chapel

Fellowship follows in the Private Dining Room

Catholic Service

Fridays, 11:00 a.m., Chapel

Fellowship follows in the Private Dining Room

Catholic Rosary

Wednesdays, 4:00 p.m., Chapel

Bible Study

Saturdays, 10:00 a.m., 3rd Floor Lounge

Do you need a Notary?

If so, call Bell Trace resident Doran May, Cottage 608, at 812-322-6530. No charge, and Doran will come to you!

Monthly Chats with Jennifer

Our monthly resident conversations are an opportunity to ask questions and express concerns on any subject of importance. Family members are always welcome to attend.

Apartment Chat

Tuesday, May 14, 3:30 p.m., The Commons

Cottage Chat

Tuesday, May 28, 10:00 a.m., The Commons

Discussions

Coffee and Conversation

Monday—Saturday, 8:00 a.m.—7:00 p.m. and
Sundays 11:00 a.m.—7:00 p.m., Bistro Alcove

Current Events

Thursdays, 11:00 a.m.—12:00 p.m., Sunroom

Deep Listening

Mondays, May 6 and 20, 7:00—9:00 p.m.
Sunroom

Book Discussion Group

Sunday, May 19, 2:00 p.m., Library

Lunch with Rabbi Besser [\$]

Tuesday, May 21, 11:30 a.m., Bistro

Tech Heroes are here to help!!!!

Sundays, 1:00—3:00 p.m., 3rd Floor Lounge

Our tech hero, Jenny Donegan, will help troubleshoot your hand-held (portable) electronic device. She can also help you if you would like to learn about the features of your device or to learn new applications.

May 5: Library of Today—The Internet

May 12: Photos are Fun! Taking Photos with Your Phone

May 19: Connecting to Bell Trace Public Wi-Fi

May 26: iPads and Tablets—Apps, Games, etc.



Resident Services

Massage [\$]

Massages are available on Tuesdays (by appointment only). Be sure to provide your phone number when you sign up so that Lisa Prickel, the massage therapist, can call you to schedule your appointment. The sign-up sheet is in front of the Activity Book in the Mail Room.

Monroe County Library Bookmobile

The Bookmobile collection includes best-sellers; compact discs; DVDs; magazines; and books-on-CD. Materials not available on the Bookmobile may be requested from the Main Library and then delivered to you the next visit. **For more information, call the Library at 812-349-3050 ext. 2059.**

Wednesdays, 11:30 a.m.—12:00 p.m.
Front Portico

Dry Cleaning Service

Crosstown Cleaners will pick up your dry cleaning and deliver it back to your apartment on Fridays. The Bell Trace Front Desk will not hold your dry cleaning for you—you must deal directly with an employee from the dry cleaner.

A delivery charge will be added to your dry cleaning bill. Phone: 812-332-4300.

First Financial Banking Services

A representative from First Financial Bank will be available at Bell Trace on an as-needed basis. Please call Stephanie at 812-330-1250.

The courier service for their customers is on Tuesdays, Thursdays, and Fridays. A bank representative will pick up transactions from the locked bank box near the Assisted Living elevator on the 2nd floor at 10:00 a.m. and will return with a receipt between 2:00 and 3:00 p.m. (Tuesdays and Thursdays only).

Bell Trace Beauty & Barber Shop

Located on the Lower Level, The Barber Shop / Beauty Salon is open Wednesday through Friday from 9:00 a.m.—3:00 p.m. Stop in or call for an appointment. Phone: 812-332-2355 ext. 218.

Notes from the Front Desk

Resident Data Sheets

Do you know where your Resident Data Sheet is? If you live in an independent apartment, it should be located on the inside of the kitchen cabinet that has a red dot on the outside. This sheet is important because it lists contact information for your friends and family so that we can get in touch with them in the event of an emergency. It also should list all your current medications so that any first responders can quickly see what medicines you are taking.

Please double check that you have a Resident Data Sheet in your cabinet; if you don't have one or you need to update the information on it, please see Kris at the Front Desk.

Daily Schedules

Did you know that you can receive the daily schedules electronically? Bell Trace will email the next day's daily schedule to you so that you can plan your next day. If you would like to be on this list, please see Kris at the Front Desk.

Resident Parking Spaces

Please remind your friends, family members, and caregivers that they may not park in spots designated for residents. Non-residents may park in any available space that is not marked "resident".

Do you have extra money to spend in The Bistro at the end of the month?

If you do, you may now share the wealth! If you would like to offer to buy a resident who has already spent his or her Bistro allowance a meal, please post your name, apartment number, and phone number on the bulletin board in the Mail Room.

If you are out of your Bistro allowance and would like for another resident to treat you to a meal, contact a resident who has posted on the bulletin board.



Life Enrichment

Engage Your Brain



Games and Trivia

Trivia

Have fun answering trivia questions or just stop by to hear some interesting and fun facts!

Mondays, 1:00—1:30 p.m., Front Lobby

Thursdays, 1:00—1:45 p.m., Front Lobby

Bingo [\$]

Each game is a nickel per card. There is a limit of three cards per game and the winner gets the pot!

Mondays, 3:00—4:15 p.m.

Community Room



Dominoes

The group plays Mexican Train Dominoes, a game that takes a combination of luck and skill.

Fridays, 2:30 p.m., Private Dining Room

Board Games

If you would like to play a board game, bring your game to the Sunroom at the times below to find someone to play with you. Bell Trace has a variety of games as well. See Melissa if you would like to choose one from our collection.

Tuesdays, 1:00—2:00 p.m.

Saturdays, 2:00—3:00 p.m.

Sunroom

Mah Jongg

Play this fun Chinese tile-based game. If you haven't played before, now's a great time to learn!

Mondays and Wednesdays

12:30—3:30 p.m. Sunroom



Exercise Classes

Core Focus

Don't let the name fool you! This is a total-body workout. We will focus on all your muscles, with special consideration for muscles of the core. With a heavy focus on proper posture, form, and alignment when moving, this class will help you understand and improve your core strength—while giving you a workout!

Mondays and Fridays

10:00—10:45 a.m., The Commons

F.I.T. (Full-body Intentional Training)

Learn to be intentional with your training! Strengthen and train your whole body with focus and purpose! Find your “why” and apply your training to everyday life.

Mondays and Fridays

10:45—11:30 a.m., The Commons

Yoga with Yolanda

Wednesdays, 10:00—10:30 a.m., The Commons

Mindful Movement Meditation

Tuesdays and Thursdays, 10:15 a.m., Chapel

Balloon Volleyball

Thursdays, 1:15—2:15 p.m., Sunroom

Chair Yoga Video

Saturdays, 11:00 a.m., The Commons

Chair Ballet

Join Sarah Wroth from the Ballet Department at Indiana University Jacob School of Music in an exercise class that mirrors a classical ballet workout. Sundays, 2:00—3:00 p.m., The Commons



Welcome New Residents!

Lawrence and Janet Hunter

Apt. 224

Don't forget that as a Bell Trace resident, you have 24-hour access to our Fitness Center!

Life Enrichment

Arts Programming

Arts & Crafts

Mondays and Wednesdays, 1:30—3:30 p.m.
Arts Studio

We will continue working with Gelli print plates. On Mondays, class will start in the Chapel where we will watch short arts-focused videos to help inform and inspire our work for the week.

ALL ARE WELCOME!

Please note that on May 21 and 23, we will be focusing our attention on cleaning up the art studio and organizing the supply closets.

Fiber Arts

Tuesday, 2:00—4:00 p.m., 3rd Floor Lounge

Residents gather to share their crafts and to learn from each other. Some quilt and some knit; there are those who crochet and those who cross-stitch. All crafters are welcome. This is a great place to meet new people and just sit and chat.

Writing Group

Thursdays, 2:00—4:00 p.m., 3rd Floor Lounge

This group is open to those interested in the literary arts. It is a safe place to share your writing or just listen and discuss the writing of others.

In the first half hour the group discusses the literary works of published authors. The last hour is dedicated to sharing the written work of participants in the group.

Ukulele Practice

Thursdays, 4:00—5:00 p.m., Sunroom

All are welcome to join the fun and to sing along. We perform in the Front Lobby on the 4th Thursday of every month.

Bloomington Peace Choir Practice

Tuesdays, 6:45—8:30 p.m., The Commons
All residents are welcome to join in or just listen!

[NEW] Backyard Activities [NEW]

Two O'Clock Tuesdays | 2 p.m. | Sunroom

On Tuesday afternoons, if the weather permits, we will gather in the backyard for fresh air, good conversation, and a variety of outdoor activities. If the weather is not good we will gather in the Sunroom for a game of balloon volleyball or story-telling activity that is focused on a single topic, similar to the Timeline Project.

Walking Buddy Program.

If you are a person who likes to walk outside when the weather is nice, then please come to the first **Two O'Clock Tuesday** gathering. We will discuss a summer walking program, and for those who intend to walk independently around the building or around the Trace, we hope that you will consider walking with a buddy for safety purposes. We can help match up people with similar interests and walking abilities.

Bocce Ball on Saturday

If you are interested in joining others in a casual game of Bocce Ball please talk to Lee Witt:

Apt. #259 or Call: 812-340-3183

Join us for the closing reception celebrating the ISH Collaborative at Lennie's on May 28, at 4:00 p.m.

We will stay for dinner after the reception.

The art work created during the collaborative will be on display at Lennie's for the entire month of May. Please sign up in the Mail Room.

Life Enrichment

Special In-House Events

Pet Visits with Kanika

Kanika is a golden retriever/black lab therapy dog. If you live in a studio apartment and would like a visit from Kanika, leave your door open. Others who would like to see Kanika can find her in the Front Lobby at the beginning or end of her scheduled time here. Fridays, May 3 and 17, 1:30—2:30 p.m.



Dawn Evans' Students Piano Recital

Saturday, May 4, 3:00 p.m., The Commons

Laughter Yoga with Heather Kinderthain

Laughter yoga is a practice involving prolonged voluntary laughter, and is based on the belief that voluntary laughter provides the same physiological and psychological benefits as spontaneous laughter. It is done in groups with jokes and playfulness between participants. Forced laughter often turns into real and contagious laughter. Laughter has been shown to decrease cortisol, the body's stress hormone. When this hormone is elevated it can cause issues like high blood pressure, weight gain, and memory loss. It also increases endorphins, which lowers pain in the body. Laughter yoga has been shown to decrease cortisol and increase endorphins.

Friday, May 10, 1:00 p.m., Sunroom

Reverend Marvin Chandler Video: "Open to the Moment"

This video documentary tells the story of Marvin Chandler, who first played the piano at age four in his home town of Bloomington, Indiana and since then has never stopped sharing his love of music. During his career, among many other activities, Rev. Chandler has served pastorates at Second Baptist Church in Bloomington and the Church for the Fellowship of All Peoples in San Francisco, was involved in reconciliation discussions during the Attica, NY prison riots, and has been inducted into the Indianapolis Jazz Foundation Hall of Fame.

Friday, May 10, 7:00 p.m., The Commons

Tom Wright Sings the Oldies

Monday, May 20, 7:00 p.m., The Commons

Indy 500 Porch Party

Thursday, May 23, 11:00 a.m.—1:30 p.m.
Bistro Dining Room and Patio



FOCUS ON FITNESS:

A monthly column by Bell Trace Fitness Center Director, Alyssa Jackson

Congratulations to Ruth Sager on winning the April Newsletter Giveaway! Be on the lookout for more giveaways in upcoming newsletters.

Thank you for attending Wednesday Instructor Auditions in April, your feedback helped our team choose our new exercise instructor. Beginning this month, we will have:

Yoga with Yolanda every Wednesday from 10:00—10:30 a.m.



If you would like to contact one of the other instructors who auditioned regarding 1-on-1 training or to inquire about offerings outside of Bell Trace, you can do so using the contact information below:

Marci Becker

(812) 239-2920

marcibeckeryoga@gmail.com

www.marciyoga.com

Tessa Thompson

(812) 208-6684

tessathompsonmove@gmail.com



Life Enrichment

Lifelong Learning Classes

Bloomington Humanities

All Classes meet in the Chapel

"Great Disasters"

This class continues from last month.

6 Wednesdays, April 24—May 29

"What is Time?"



A look at the puzzling philosophical and scientific theories from the ancient Greeks to Einstein to contemporary physicists and cosmologists. Does time exist

outside of the human mind, or is it a necessary illusion for our existence? Is time travel possible? We will explore all the questions, but you will have to formulate answers on your own...time.

6 Tuesdays, May 7, 21, 28, and June 4, 18, 25

"Chancellorsville and Gettysburg"

In the spring of 1863, the fate of the American Civil War in the east was decided by two great campaigns, each named for the major battle that resulted: Chancellorsville and Gettysburg. This course covers both campaigns and battles in detail, with the aid of new maps never before available and the best of both primary and secondary sources.

6 Thursdays, May 2—June 6

History with Jack Moore

Mondays, 7:00—8:30 p.m., Chapel

"A History of Western Christianity (with Much Left Out"

This course will follow the evolution of Christianity from its Near Eastern origins through its development in Europe and then the world. The period after 1600 will get less detailed treatment because of the proliferation of Christian denominations and the expansion of Christianity throughout the globe. The final class will bring us to the present.

5 Mondays, April 29—May 27

Lifelong Learning Classes (continued)

Science with Melissa

Thursdays, 4:00 p.m., The Commons

"Introduction to Earth Science"

Earth Science is an all-embracing term for the fields of science related to the planet Earth. It is a branch of planetary science (the study of planets). You can think of it as an "owners manual" for our planet.

May topics will include: Mapping the ocean floor, features of the ocean floor, waves and beaches, coastal processes, the structure of the atmosphere, clouds, and precipitation.

TED Talk Fridays

Fridays, 2:30 p.m., The Commons

May talks will focus on agricultural practice, food, and health care. The second week of talks will feature two different speakers who are younger than 15 years old.

TED Talks are short, educational lectures covering all different topics—some fun, some serious. A discussion will take place following the lectures.

Please return
your books



Please check your apartment for any Bell Trace library books that you may have forgotten to return. You may return them to the basket just inside the Library doors on the 2nd Floor.

Thank you!

Out and About

Medical Transportation

Bell Trace offers transportation on Tuesdays and Thursdays for medical appointments that are scheduled between **8:00 a.m.** and **3:00 p.m.** Please sign up at the Front Desk **at least 24 hours** before your appointment. Please be in the Front Lobby and ready to go at the departure time set by the driver.

NO SAME-DAY APPOINTMENTS WILL BE ADDED ON TUESDAYS AND THURSDAYS UNLESS IT IS A TRUE EMERGENCY!

If you are *in a wheelchair* and need transportation to a medical appointment, you no longer have to use BT Access. A driver from the Bell Trace Health and Living Center can take you Monday through Friday. Please call Debbie Beasley at 812-323-2858 in order to schedule your transportation.

If you have a medical appointment on a Monday, Wednesday, or Friday, please contact Amy Brough at 812-340-8474 to schedule a Personal Services Chauffeur to take you for an additional cost. Bell Trace Health and Living does not transport our residents to medical appointments unless the resident is in a wheelchair and is unable to transfer to the minivan.

Shopping/Banking Transportation

Because space is limited on the bus, please limit your purchases to only two (2) bags.

Banking

Mondays Depart at 9:00 a.m.

East Side Shopping (this includes Kroger north!)

1st and 3rd Mondays, Depart at 10:00 a.m.

Mondays, Depart at 1:30 p.m.

Wednesdays, Depart at 2:00 p.m.

West Side Shopping

2nd and 4th Mondays, Depart at 10:00 a.m.

Mays Greenhouse

It's time to stock up on flowers for your patio or balcony!

Friday, May 3

Depart at 10:00 a.m.



Bloomington Farmers' Market

Shop for fresh flowers and local produce, or visit the food stands and listen to the music!

Saturdays, May 4 and 25, Depart at 10:00 a.m.

Dining Out [\$]

Menus will be in the Transportation Book in the Mail Room when available.

Lunch Excursions

Chambers Smorgasbord (Spencer)

Wednesday, May 1, Depart at 10:45 a.m.

The Tap

Wednesday, May 8, Depart at 11:15 a.m.

The Seasons Lodge (Brown County)

Wednesday, May 15, Depart at 10:45 a.m.

Bana's Café

Wednesday, May 22, Depart at 11:15 a.m.

Zaharakos Ice Cream Parlor

Friday, May 24, Depart at 10:30 a.m.

Tomato Pie (Paragon)

Wednesday, May 29, Depart at 10:45 a.m.

Dinner Excursion

Lennie's

Attend the ISH Collaborative Exhibit and Final Reception, then have dinner while perusing the Bell Trace residents' art work on the walls.

Tuesday, May 28, Depart at 3:45 p.m.

Out and About

On the Stage [\$]

The Musical Adventures of Flat Stanley at the Waldron Arts Center [\$12.95—21.95]
Saturday, May 11, Depart at 12:30 p.m.

Cherry Docs at the Waldron Arts Center [\$23]
this drama follows a neo-Nazi Skinhead who is charged with murder in Toronto. Legal Aid assigns him a Jewish lawyer and they are forced to collaborate on a defense. The Skinhead is pushed beyond his prejudice, while the lawyer is forced to examine the limits of his own liberal tolerance, and the demons that might be underneath it. Cherry Docs is a white-hot examination of hate and how hard it is to uproot from society.

Thursday, May 16, Depart at 7:00 p.m.

Vonnegut: Requiem at The UU Church [\$25]
A new work with requiem text by Kurt Vonnegut, commissioned and performed by Voces Novae, directed by Susan Swaney.
Sunday, May 12, Depart at 2:30 p.m.

Ticketed Music Concerts [\$]

Music in Bloom Festival

The Music in Bloom Festival is a three-day performance event in Bloomington, Indiana that presents concerts of contemporary classical chamber music by living composers of the late-20th and 21st centuries.

Evening Concert #1 at First United Church [\$15]
Thursday, May 16, Depart at 6:30 p.m.

Evening Concert #2 at First United Church [\$15]
Friday, May 17, Depart at 6:30 p.m.

Evening Concert #3 at First United Church [\$]
Saturday, May 18, Depart at 6:30 p.m.

"A Thousand Words" (Bloomington Symphony Orchestra) at the Buskirk-Chumley Theatre [\$18]
Sunday, May 19, Depart at 6:30 p.m.



IU Sports



Softball [\$]
Big 10 Championship Game
Saturday, May 11, Depart at 4:15 p.m.

IU Baseball [\$5]
IU vs. Louisville
Tuesday, May 14, Depart at 6:20 p.m.

IU vs. Rutgers
Saturday, May 18, Depart at 12:20 p.m.

Free Music Concerts

Nigel North, Lute (Bloomington Early Music Festival) at First Presbyterian Church
Tuesday, May 21, Depart at 6:15 p.m.

Emerging Artist Showcase I (Bloomington Early Music Festival) at First Presb. Church
Thursday, May 23, Depart at 6:30 p.m.



**Eugene (Gene) Weinberg's
Memorial Service** at Beth Shalom

Tuesday, May 21, Depart at 6:15 p.m.

Transportation to the Polls

Bell Trace will provide transportation to your (Monroe County) polling site on Tuesday, May 7. Please sign up in the Transportation Book in the Mail Room and our driver, Larry, will call you to let you know what time he will be taking you.



Out and About

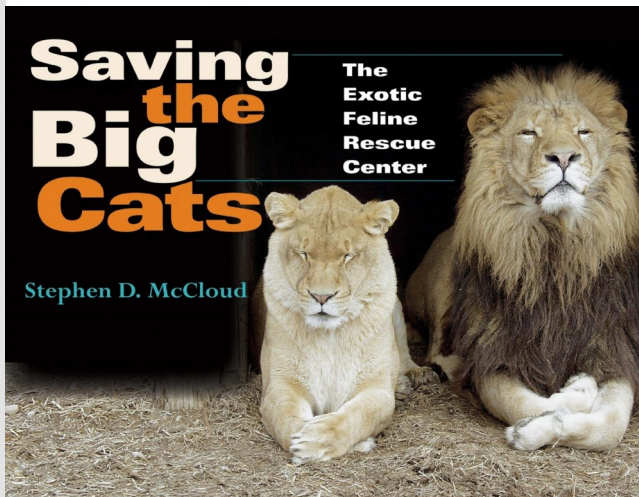
Day Trips

Gambling Excursion to French Lick Hotel and Casino

This trip is for the gamblers in our midst! This is your chance to play the slots, test your luck at roulette, or show your card skills at blackjack. You will have between 2.5 and 3 hours in the casino (there is a snack bar attached if you would like to eat lunch). There will be a separate trip to French Lick/West Baden for non-gamblers who would like to tour the hotels and learn the history of the area.

Friday, May 10, Depart at 10:00 a.m. (Expected return to Bell Trace is 4:00—4:30 p.m.)

Exotic Feline Rescue Center [\$10]



The Exotic Feline Rescue Center provides permanent homes for exotic felines (lions, leopards, tigers, cheetahs, etc.) that have been abused, abandoned or for some reason have nowhere to live out their lives, while educating the public about these beautiful cats. They do not buy, sell or breed cats; they give big cats a home for life; they provide stable social groups; they provide enhanced environments; and they provide the best veterinary care. Please be aware that the path around the property is not paved; rather it is dirt and/or gravel, yet relatively flat. Make sure that you bring an assistive walking device if necessary. We will stop for a quick bite to eat after our tour. Weather permitting.

Friday, May 17, Depart at 9:15 a.m. (Expected return to Bell Trace is 2:00—2:30 p.m.)

Louisville Slugger Museum and Factory Tour [\$13]

Take a guided tour through the factory where Louisville Slugger bats are crafted with the same pride that started in 1884. Watch the wood chips fly as you walk right through the heart of the production line. Every step of the way, you'll encounter each step in the bat-making process. You'll smell the wood, see the sizzling brand, hear great stories, and witness history-in-the-making. The museum includes Babe Ruth's notched bat that he hit 21 of his 60 homeruns with in 1927.

Hold actual bats used by Mickey Mantle, Johnny Bench, Derek Jeter, and more. After the tour, everyone gets a FREE miniature Louisville Slugger bat – a \$7 value!

Friday, May 31, Depart at 9:15 a.m. (Expected return to Bell Trace is 5:00—5:30 p.m.)

**Please note that our group must prepay for the tour no later than Monday, May 27. Please give your cash to Melissa no later than May 27 at 5:00 p.m. Once the group admission has been paid, there will be no refunds.*



On the Big Screen

On the Big Screen

Saturday Movie Matinee

"Abraham Lincoln", Saturdays, 1:00 p.m., Chapel

Saturday Night at the Movies

7:00 p.m., The Commons

"The 145th Running of The Kentucky Derby"

Saturday, May 4, 6:00—7:30 p.m., The Commons



"Star Wars, Episode IV: A New Hope" (original 1977 film)

Saturday, May 4, 7:30 p.m. (Late start time because we will show The Kentucky Derby before the movie.)

"The Hunt for Red October"

Saturday, May 11, 7:00 p.m.

"Sense and Sensibility"

Saturday, May 18, 7:00 p.m.

"Men of Honor"

Saturday, May 25, 7:00 p.m.

Second Sunday Musical

"Phantom of the Opera"

Sunday, May 12, 7:00 p.m.



Join Us For Our Indy 500 Porch Party!

When: May 23, 11:30 a.m.—1:00 p.m.

Where: Bistro Dining Room and Patio

Bell Trace along with CarDon & Associates are teaming up with the Indianapolis Motor Speedway to celebrate the 103rd Running of the Indy 500 with a giant PORCH PARTY. All of our residents and staff are invited to join us for an outdoor cookout with lots of fun and festivities!