

# Bell Trace Newsletter

July 2015

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## July Birthdays

Jim Heath	2nd
Betty Farr	2nd
Janet Ellis	3rd
Florence Cassal	6th
Phyllis Denson	7th
Carolyn Benedict	8th
Dave Wylie	11th
Shirley Beheler	12th
Jane Fletchall	13th
Nickie Adams	14th
Ida Stewart	18th
Bob Muldoon	19th
Shirley Shelton	23rd
Emalou Schaffer	24th
Dottie Waters	25th
Steve Moore	26th
Susie Goodall	27th

## Birthday Party

*Friday, July 3, 2:00 p.m.,  
The Commons*

All residents are invited to come down for cake, ice cream, balloons, and a song. Join us for a cake walk at 1:30 p.m.

## Welcome New Residents

Jenny Kander Apt. 203  
Janet Leach Apt. 353  
June Burns Apt. 309  
Bob & Mary Price CU 610

## From the Desk of Joy Harter

### The Use of Electric Mobility Vehicles at Bell Trace



The staff of Bell Trace Senior Living Community support and recognize that electric mobility vehicles (EMVs) play an integral role in sustaining one's independence and mobility in the face of increasing physical challenge. We further identify that proper training and ongoing education in the safe operation of EMVs is mandatory to protect all individuals who live on or visit our campus. Our primary goal is to actively promote the safety of all residents and guests by emphasizing the importance of overall community safety through designated EMV policies and procedures, Rules of the Road, and a Safety and Enforcement Code. All of these materials are available in print if you would like a complete copy. What follows here are highlights from our policies and procedures:

- Safe Driving** is defined as mobility use that does not endanger people or property
- Safe drivers** demonstrate respect for those around them by operating their vehicle at a safe speed, yielding the right of way to others, exhibiting complete and independent control of their EMV, and driving defensively to avoid problem situations
- Safe Drivers abide by the **Rules of the Road** which include the following points:
  - Pedestrians have the right of way.
  - Encourage pedestrians to keep at a safe distance from your vehicle.
  - Use safe protocols when entering or exiting an elevator, and avoiding use of the elevator nearest to the front lobby as it has the most traffic.
  - Be proactive in your driving so that backing up can be avoided.
  - Vehicles will not operate faster than an average resident's walking pace.
  - Stop at all intersections.
  - Ride in the center of the hallway or to the right.
  - Notify pedestrians when passing them and please pass courteously.
  - Report all accidents or violations immediately.
  - Adhere to all warnings and instructions.
  - Stay seated in your EMV when in the Bistro Dining Room
  - Do not allow others to drive your vehicle without the proper training
  - Attend the annual mandatory EMV refresher and training course
  - Do not park your EMV in the hallway

If you have any questions about the Bell Trace EMV policies and procedures, please see Executive Director Joy Harter.

# Resident Services

## Skin Cancer Awareness

Skin cancer is the most common type of cancer in the United States. Ultraviolet (UV) rays from the sun are the main cause of skin cancer. UV damage can also cause wrinkles and blotches or spots on your skin.

These are just some of the reasons why **LifeSpan Home Health Care** is proud to participate in UV Safety Month and help raise awareness of the risks of sun damage. During the month of July, join us in taking action to prevent skin cancer and reduce the risk of UV damage by doing the following.

- Stay out of the sun between 10 a.m. and 4 p.m.
- Use sunscreen with SPF 15 or higher.
- Cover up with long sleeves and a hat.

In addition, It is a good idea to check your skin every month for changes. If you notice anything different, see your physician and have it checked out.

For more information, please call RN Administrator Brandy Kluesner at 812-961-5556.

## Wellness Checks

### **Blood Pressure Clinic**

Tuesdays, 9:45—10:15 a.m.,  
2nd Floor Game Tables

### **Hearing Aid Checks & Cleaning**

Wednesday, July 8, 3:30—4:30 p.m.,  
Private Dining Room

### **Podiatrist Visit with Dr. Ryan Jorgenson**

Wednesday, July 15, 8:30—10:00 a.m.  
Sunroom (Assisted Living residents)

Wednesday, July 15, 10:00 a.m.—12:00 p.m.  
2nd Floor Lounge (Independent residents)

Please sign up for a time in the Activity Book in the Mail Room.

## Medical Transportation

Bell Trace will continue to offer transportation on Tuesdays and Thursdays for medical appointments that are scheduled between 8:00 a.m. and 3:00 p.m. Please sign up at the Front Desk for transportation at least 24 hours before your appointment. Transportation reservations made with less than 24-hour notice are not guaranteed.

If you use a wheelchair transportation system we can assist you in scheduling your transportation if needed. Bell Trace will cover the cost for those trips as long as they are on a Tuesday or Thursday.

If you have medical transportation needs on other days, please contact Leisa McClure at extension 208.

## Massage

Massages are available on Tuesdays.

The sign-up sheet is in front of the Activity Book in the Mail Room. When you sign up, please make sure to provide your phone number so that Lisa Prickel, the massage therapist, can call you to schedule your appointment.

## Hydration, Hydration, Hydration

As you age, you become more susceptible to dehydration for several reasons: your body's ability to conserve water is reduced, your thirst sense becomes less acute, and you're less able to respond to changes in temperature.

A good formula for how much water is needed every day is to take one-third of the person's body weight in pounds and drink the equivalent number of ounces of water daily. For example, a 150-pound woman would need 50 ounces of water daily, or about six 8-ounce glasses of water.

# Resident Services

## Bell Trace Beauty & Barber Shop

Located on the Lower Level, The Barber Shop / Beauty Salon is open Tuesday through Friday from 9:00 a.m.—3:00 p.m. Stop in or call for an appointment. Phone: 812-332-2355 ext. 218

**Gift Certificates are available!**

## Banking Hours

First Financial Bank will continue to offer a courier service for their customers on Tuesdays, Thursdays, and Fridays. A bank representative will pick up transactions from the locked bank box outside the 2<sup>nd</sup> Floor Lounge at 10:00 a.m. and will return with a receipt between 2:00 and 3:00 p.m. (Tuesdays and Thursdays only).

Representatives from First Financial will be available on Tuesdays from 1:30—3:00 p.m. in the 2<sup>nd</sup> Floor Lounge to meet with customers and answer questions.

## Dry Cleaning Service

Crosstown Cleaners will pick up your dry cleaning and deliver it back to your door on Monday, Tuesday, Thursday, and Friday.

A \$2.00 delivery charge will be added to your dry cleaning bill. Phone: 812-333-6600.

## Get Smart

We are here to help you with problems or questions you may have regarding your cell phone, computer, tablet, etc.

Please contact either Melissa Davis or Julie Hill to schedule one-on-one help.

## Monroe County Library

### Bookmobile Visit

Wednesdays, 11:30 a.m.—12:00 p.m. under the Front Portico.

The Bookmobile collection includes best-sellers; adult, young adult, and children's books; compact discs; DVDs; magazines; and books-on-CD. Materials not available on the Bookmobile may be requested from the Main Library and then delivered to you the next visit. **For more information, call the library at 812-349-3050 ext. 2059.**

### Door to Door Service

If you are unable to navigate the steps of the Bookmobile the library will deliver and pick up materials to your home once a month. The selection of materials available includes large print, regular print, audiobooks, magazines, music CDs, and movies. If you are interested in this service please see Julie Hill or Melissa Davis in the Life Enrichment Department.

## Recycling

Currently, you may recycle paper (including newspaper and magazines) by bringing items to the Main Building and putting them in the recycling bins found in the Laundry Rooms on all three floors or use the new big blue bins with yellow tops in the Lower Level recycling area.

## Give and Take Day

Tuesday, July 7, 9:00 a.m.—3:00 p.m.,  
Community Room

If you have items that you no longer need and want to get rid of, bring them down to Give and Take Day. Whatever is left at the end of the day will be taken to Opportunity House. Cold weather items such as hats, gloves, socks, and coats will be donated to the homeless shelter.

# Resident Services

## Resident Committee Meetings

### **Resident Council**

Tuesday, July 7, 1:30 p.m., Bistro Alcove

### **Garden Committee**

Fridays, 9:00 a.m., Sunroom

If you are interested in plants, birds or anything outside, please join us Friday mornings. The group has made a list of responsibilities for maintaining the potted plants, bird feeders, and the outdoor fountain. If you would like to help please come to a meeting, we will assign you a task.

### **Hospitality Committee**

Wednesday, July 15, 2:30 p.m., Community Room

The Hospitality Committee's purpose is to help new residents easily transition to living at Bell Trace. Please come to the meeting if you'd like to volunteer to show a new resident the ropes!

### **Library Committee**

Friday, July 17, 1:30 p.m., Library

### **Newcomers Meeting**

Tuesday, July 19, 1:30 p.m., Community Room

If you are new to our community please join us for this monthly meeting. It is a great way to meet people and learn the ropes. Refreshments are served.

## **Welcome Amy Goen!**

Amy is the new Personal Service Agency Manager for Lifespan Home Health. She brings 10 years of nursing experience to the position. We are thrilled to have her as a part of our team. Amy currently lives in Orleans, Indiana, where she was born and raised. She has two children and is an avid Indiana Hoosier Fan. Her office is located on the Third Floor of the Assisted Living wing. Please stop by and say hello.

## Chats with Joy

Join Joy Harter, the Executive Director of Bell Trace, to share your ideas and concerns regarding your experience living at Bell Trace.

### **Assisted Living Chat with Joy**

Monday, July 20, 3:30 p.m., Sunroom

### **Apartment Chat with Joy**

Wednesday, July 22, 4:00 p.m., The Commons

### **Cottage Chat with Joy**

Tuesday, July 28, 10:00 a.m., The Commons

## Support Groups

### **Parkinson's Support Group**

Friday, July 24, 1:30 p.m., Community Room

### **Family Support Group**

Saturday, July 25, 2:00 p.m. Sunroom

### **Dementia Support Group**

Sunday, July 26, 2:00 p.m., Sunroom

## Religious Service

### **Church Services**

Sundays, 4:00 p.m., Chapel

This is a nondenominational service conducted by our Chaplain Kurt Messick. Come to the Private Dining Room at 3:30 p.m. for fellowship and coffee.

### **Catholic Rosary**

Wednesdays, 4:00 p.m., Chapel

### **Catholic Service**

Fridays, 11:00 a.m., Chapel

### **Sabbath Candle Lighting**

Fridays, 4:30 p.m., Chapel

## Conversations and Discussions

An in-person exchange gives us the opportunity to see and be seen by our cohorts—a seemingly small detail with significant consequences. Body language and facial expressions allow for a more nuanced understanding of a person's tone and overall message, which is key to building trust. Visual cues also engage the brain's mirror neurons, which fire when we express an emotion or when we see someone else do the same. This process, commonly referred to as empathy, helps us forge closer, more meaningful relationships, and learn more about others and ourselves.

### Coffee and Conversation

Tuesday and Thursday morning, enjoy a cup of coffee or tea with a selection of flavored creamers and donuts. 8:00 – 11:00 a.m., Bistro Alcove

### Book Discussion Group

Sunday, July 19, 2:00 p.m., Library

### Word Talk

Tuesdays, 11:00 a.m.—12:00 p.m., Sunroom

Bring a word that begins with the letter of the week (see the Daily Sheet). The group then chooses one word to discuss during the hour.

### Current Events

Thursdays, 11:00 a.m.—12:00 p.m., Sunroom

### Deep Listening

Monday, July 6, 7:00—9:00 p.m., Sunroom

Monday, July 20, 7:00—9:00 p.m., Sunroom

### Free Thinkers (Hosted by John Crosby)

Friday, July 10, 1:30—2:30 p.m., Sunroom

### Bible Study

Saturdays, 10:30 a.m., 3<sup>rd</sup> Floor Lounge

## Special Events

### Swing Time Big Band Concert

Wednesday, July 1, 7:00 p.m., The Commons

### Music with Matt DeMars

Monday, July 6, 7:00 p.m., Front Lobby

### African Safari Slide Show and Travel Talk with Retired Professor Roy Samuelson

Monday, July 13, 7:00 p.m., The Commons

### The PBJ Trio Plays Music

Wednesday, July 15, 4:00 p.m., The Commons

### Dog Parade

Friday, July 17, 3:00 p.m., Various Hallways  
Bring your well-mannered and leashed dog to the Front Lobby and we will walk the hallways in a dog parade. If you don't have a dog, ask a friend or family member with a dog to join us!

### The Newmans Play Music

Wednesday, July 22, 3:00 p.m., The Commons

## Holidays & Celebrations

### July Birthday Party

Friday, July 3, 2:00 p.m., The Commons

All residents are invited to come down and celebrate those whose birthdays fall within the month. We plan to have pie, ice cream, balloons and a song. Come early to **Move and Groove** at 1:30 p.m. in The Commons.

### 4th of July Trivia Tribute

Saturday, July 4, 10:30 a.m., Front Lobby.

### Celebration of Life

Bob Campbell's Memorial Service will be held Friday, July 3, at the Unitarian Universalist Church. We will depart at 1:30 p.m.

Please sign up in the Mail Room.

# Life Enrichment

## Lifelong Learning Classes

### **Science with Melissa—"The Universe", Chapel**

Thursday, July 2, 4:00 p.m.

#### **"The Outer Planets"**

New discoveries regarding the Outer Planets are creating a fundamental rethinking of our solar system. Neptune's largest moon, Triton, is cold and barren, but some scientists speculate that liquid water might exist under Triton's icy surface.

Thursday, July 9, 4:00 p.m.

#### **"Life and Death of a Star"**

Ignited by the power of the atom, burning with light, heat and wrath, stars are anything but peaceful. They collide, devour each other, and explode in enormous supernovas—the biggest explosions in the Universe.

Thursday, July 16, 4:00 p.m.

#### **"Constellations"**

Explore some of the 88 official constellations and learn about some of the highlights of each—like the star that's due to go supernova in the constellation Orion. Discover the 13th zodiac sign that no one talks about, and find out why Polaris, the North Star, will one day have to surrender its title.

Thursday, July 23, 4:00 p.m.

#### **"Wildest Weather in the Cosmos"**

Imagine a tornado so powerful, it can form a planet, or winds sweeping across a planet but blowing at 6,000 miles per hour! How about rain....made of iron?

Thursday, July 30, 4:00 p.m.

#### **"Colonizing Space"**

Examine the efforts underway to establish a human colony on Mars, including how they plan to grow food, recycle wastewater and introduce greenhouse gases to revive the red planet and make it more habitable for humans.

## Ivy Tech Lifelong Learning Class

### **"De-Antiquing with Susan" [\$18]**

Tuesdays, 2:00—3:00 p.m., Chapel

You've collected, inherited and accumulated a houseful of antiques and collectibles. This course will guide you through the challenging downsizing process. During Session 1 you'll learn how to analyze your situation. Session 2 will focus on assessing your possessions and determining their value in today's market. Then, explore the best ways to liquidate your unwanted items in Session 3.

Note: this course will NOT provide appraisals.

### **History Wednesday with Kurt**

*"Monarchy"*

Wednesdays, 3:00—4:00 p.m., Chapel

## Arts Programming

### **Move & Groove/Cake Walk [\$]**

Friday, July 3, 1:30 p.m. The Commons

Lets do a little chair dancing before we eat cake at the birthday party.

### **Arts & Crafts**

Mon. and Wed., 1:30—3:30 p.m., Art Studio

### **Fiber Arts**

Tuesdays, 2:00—4:00 p.m., 3rd Floor Lounge

### **Creative Writing**

Thursdays, 2:00—4:00 p.m., 3rd Floor Lounge

### **Ukulele Practice**

Thursdays, 4:00—5:30 p.m., The Commons

### **International Folk Dancing**

Thursday, July 9 and 23, 7:30—9:00 p.m.  
outside the Beauty Salon on the Lower Level

### **Bloomington Peace Choir**

Wednesday, 7:00 p.m., The Commons

# Life Enrichment

## Exercise and Wellness Activities

### Intermediate Exercise

Mondays, Wednesdays, and Fridays  
10:45—11:30 a.m., The Commons

### Advanced Exercise

Mondays, Wednesdays, and Fridays,  
10:00—10:45 a.m., The Commons

### Chair Yoga

Saturdays, 11:00 a.m., Chapel

### Mind, Body, Spirit Connection/Tai Chi

Tues. and Thurs., 10:00—11:00 a.m., Chapel

### Balance Classes [\$]

Beginning Balance Class, The Commons  
Tues. and Thurs., 2:00—3:00 p.m.

Advanced Balance Class, The Commons

Tues. and Thurs., 3:00—4:00 p.m.

## Games and Trivia

### Trivia

Mondays, 1:00—1:30 p.m., Front Lobby  
Thursdays, 1:00—2:00 p.m., Front Lobby

Have fun answering trivia questions or just stop by to hear some interesting and fun facts!

### Bingo [\$]

Mondays, 3:00—4:30 p.m., Community Room

Each game is a nickel per card. There is a limit of three cards per game and the winner gets the pot!

### Dominoes

Wednesdays, 1:30—2:30 p.m., Private Dining Room

### Scrabble

Tuesdays, 2:00—3:00 p.m., Sunroom

## On The Big Screen

### Saturday Movie Matinee

Our Movie Matinees are generally always going to be a travel film or documentary.

### Special July 4th Matinee and Discussion with Kurt

Saturday, July 4, 1:00 p.m., The Commons

"Secrets of Archaeology" documentary series focusing on archaeological sites. Videos Saturdays, 1:00 p.m., 3rd Floor Lounge

### Saturday Night at the Movies:

If there is a particular movie that you want to see please let Melissa, Kurt or Julie know.

"Second Best Exotic Marigold Hotel"

Saturday, July 18, 7:00 p.m., The Commons

"Mrs. Dalloway"

Saturday, July 25, 7:00 p.m., The Commons

### Sunday Movie Matinee

The Sunday Matinee is resident driven—all titles are chosen by residents. This month will feature titles from the Spencer Tracy/Katharine Hepburn collection. Videos will be shown in the 3rd Floor Lounge.

"Desk Set", Sunday, July 5, 1:30 p.m.

"Adam's Rib", Sunday, July 12, 1:30 p.m.

"Pat and Mike", Sunday, July 19, 1:30 p.m.

"Woman of the Year", Sunday, July 26, 1:30 p.m.



## Shopping Transportation

### **Eastside Shopping**

Mondays, Depart at 10:00 a.m.

Wednesdays, Depart at 2:00 p.m.

### **Grocery Shopping Only on Fridays,**

Depart at 10:00 a.m.

### **My Sister's Closet**

Monday, July 27, Depart at 1:30 p.m.

A Bargain Boutique filled with new and gently-used quality clothing available for purchase to the public.

## Dining Out [\$]

A minimum of four residents is required for all dining out excursions.

### **Lunch Excursions**

#### **Cheddar's**

Wednesday, July 1, Depart at 11:15 a.m.

#### **The Cheesecake Factory (Greenwood)**

Wednesday, July 8, Depart at 10:15 a.m.

#### **Cloverleaf Family Restaurant**

Wednesday, July 22, Depart at 11:15 a.m.

#### **Steak –n– Shake**

Wednesday, July 29, Depart at 11:15 a.m.

#### **Food Truck Friday**

Friday, July 24, Depart at 11:30 p.m.

Several food trucks with different kinds of foods gather in the parking lot of the Chocolate Moose. Have lunch then grab some ice cream!

#### **Men's Luncheon**

##### **Chambers Smorgasbord (Spencer)**

Wednesday, July 15, Depart at 11:00 a.m.

#### **Dinner Excursion at Hilltop Restaurant**

Thursday, July 16, Depart at 5:15 p.m.

## Day Trips & Excursions

### **Art Excursions to a few local cemeteries**

Monday, July 6, Depart at 1:30

Monday July 20, Depart at 1:30

We will be collecting rubbings, photographs, and sketches that will be used in collage work for the Monroe County History Center.

### **Eiteljorg Museum [\$10] "Gold! Riches and Ruin"**

Friday, July 10, Depart at 10:00 a.m.

*Gold! Riches and Ruin* explores the historical and cultural significance of gold in the American West. This exciting exhibit looks at historic gold rushes in California, the Black Hills, and Yukon-Klondike, and features objects and images that tell the stories of people, their relationships with the landscape, and the gold they sought and took from it. Plan to eat lunch at the museum café.

### **Milk Shake Mystery Ride**

Friday, July 17, Depart at 1:30 p.m.

This trip is for Assisted Living residents only

### **Monroe County Fair [\$]**

Thursday, July 30, Depart at 6:30 p.m.

### **French Lick Hotel and Casino [\$]**

Friday, July 31, Depart at 10:00 a.m.

This trip is for gamblers—plan to spend about two hours in the casino! We'll eat lunch somewhere along the way.

## Theater Productions

### **"As You Like It" at the Wells-Metz Theatre [\$]**

Tuesday, July 14, Depart at 7:00 p.m.

### **"The Gentleman from Indiana" at the Wells-Metz Theatre [\$]**

Tuesday, July 21, Depart at 7:00 p.m.

# Out & About

## Indiana University Summer Music Festival of the Arts

**The Classical Music Series is presented by the Jacobs School of Music. [\$]**

A full-event pass may be purchased for \$138 through the MAC Box Office, or you may pay \$10 for each of the following events separately:

### **Penderecki Quartet and Rubens Quartet**

at Auer Hall

Thursday, July 2, Depart at 7:30 p.m.

**Summer Chamber Players** at Auer Hall

Friday, July 3, Depart at 7:30 p.m.

**Summer Chamber Players** at Auer Hall

Monday, July 6, Depart at 7:30 p.m.

**Frederic Chiu, Piano Guest Recital**

at Auer Hall

Tuesday, July 7, Depart at 7:30 p.m.

**Weiss-Kaplan-Stumpf Trio** at Auer Hall

Wednesday, July 8, Depart at 7:30 p.m.

**Rubens Quartet with Peter Stumpf, Cello**

at Auer Hall

Thursday, July 9, Depart at 7:30 p.m.

**Summer Chamber Players** at Auer Hall

Friday, July 10, Depart at 7:30 p.m.

**Summer Chorus and Orchestra** at Auer Hall

Saturday, July 11, Depart at 7:30 p.m.

**Summer Chamber Players** at Auer Hall

Sunday, July 12, Depart at 7:30 p.m.

**Pacifica Quartet** at Auer Hall

Monday, July 13, Depart at 7:30 p.m.

**Rubens Quartet with Atar Arad, Viola, and James Cromer, Percussion** at Auer Hall

Tuesday, July 14, Depart at 7:30 p.m.

## **Jazz in July Series [free]**

Cool jazz tones will fill the air at the Indiana University Art Museum during its Jazz in July series, part of the university's annual Summer Festival of the Arts celebration. Each Monday evening in July from 6:30 to 8:30 p.m. some of the area's hottest jazz talent will perform:

July 6: **Andy Cobine Trio**

July 13: **Mahluli-McCutchen Quartet**

July 20: **Monika Herzig Acoustic Project**

July 27: **Stardusters Jazz Orchestra**

## **More Free Music for Your Listening Pleasure**

**Emile Naoumoff Faculty Piano Recital at Auer Hall**

Sunday, July 5, Depart at 7:30 p.m.

**Summer Concert Band on the MAC Lawn**

Wednesday, July 8, Depart at 6:30 p.m.

Wednesday, July 15, Depart at 6:30 p.m.

**Bloomington Symphony Orchestra**

at Bryan Park

Sunday, July 12, Depart at 6:00 p.m.

Lawn chairs will be provided for all concerts in the parks.

Please sign up in the Transportation Book in the Mail Room if you are interested in attending any of our Out & About events. The bus will leave at the time listed. Please plan to be in the Front Lobby 5 -10 minutes before the scheduled departure time.

Events and outings that have a dollar sign after them indicate that either a ticket or money is needed for admission. If you have a question about cost, please see either Melissa or Julie.

# Additional Information

## From the Marketing Department

Today, many consumers rely on technology when making major decisions. Selecting the right Senior Living Community is no exception. As a result, Bell Trace is expanding its online presence to educate prospective residents and their family members.

In the past you've frequently shared with us why you love Bell Trace and your comments have always been unique and personal. We now invite you to share, in your own words, why choosing to live at Bell Trace was the right decision for you and your family member.

Here's how:

Google Review: Use the following links and select the pencil icon to leave a review.

<https://plus.google.com/+BellTraceHealthandLivingCommunityBloomington/post?hl=en>

Yelp Review: Use the following link and then click on the Red "Red Write a Review" button.

<http://www.yelp.com/biz/bell-trace-health-and-living-center-bloomington>

Caring.com Review: Use the following link and then scroll down to the reviews. After the last review select "Write a Review".

<https://www.caring.com/local/assisted-living-facilities-in-bloomington-indiana/bell-trace>

## A Note From The Chef

As you are most certainly aware from the news reports, the Avian flu has affected the egg production throughout the United States. Our purveyors have been very diligent in keeping us informed of any new developments concerning the production and availability of eggs.

However, at this time it is very difficult for suppliers to predict or estimate who will have shortages and exactly how much and when. For that reason, we have been informed to prepare for shortages.

We will need to make changes to our menu to limit egg usage. Items that use eggs as an ingredient are starting to be affected, such as some of our pastry and bread baking.

At present we are able to provide all cooked-to-order eggs (poached, fried, basted, scrambled etc.). In the very near future we might only be able to offer scrambled eggs and omelets. We will keep you informed of any new developments.

If you have any questions please do not hesitate to contact me.

Sincerely,

Philippe Bironneau,  
Director of Dining Services

### **Congratulations to Wanda Savell A Wonderful Outstanding Worker**

June 2015—Wanda received the Bell Trace WOW Award for celebrating her 10 year work anniversary with Bell Trace! Wanda received a special WOW pin, WOW certificate, gift card, and she keeps the traveling WOW trophy until the next WOW recipient is recognized.

Thank you for your dedication to Bell Trace Wanda!!